LUNCH

WEDNESDAY, NOVEMBER 11, 2026

POZOLE ROJO

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	550mg	25g	11g	15g	75mg	2g

SOUTHWEST CHICKEN WRAP

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
404	750mg	26g	16g	39g	70mg	4g

BEAN ENCHILADA BAKE

V A

coconut oil

new recipe made without cashews

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
260	900mg	12g	6g	40g	0mg	7g

contains wheat
contains egg
contains milk
VG vegetarian
V vegan
contains pork
contains fish
contains shellfish
contains nuts
A ask about allergen

DINNER

WEDNESDAY, NOVEMBER 11, 2026

BBQ PORK SANDWICH

sesame in bun

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
410	970mg	25g	14g	46g	85mg	1g

SALISBURY STEAK

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
400	450mg	26g	29g	8g	106mg	0g

SOUTHWEST SWEET POTATO BAKE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
315	950mg	11g	10g	45g	20mg	4g

SWEET & SAVORY BBQ SANDWICH

sesame in bun

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
267	780mg	13g	7g	38g	0mg	4g

contains wheat
contains egg
contains milk
vegetarian
vegan
contains pork
contains fish
contains shellfish
contains nuts
ask about allergen